

## **DRESS CODE AND UNIFORM GUIDELINES**

As a school, guidelines are set as to what students are allowed to wear. As teachers, it is your duty to ensure that the dress code rules are being followed. When a student fails to meet the dress code requirements, the teacher must ensure the student rectifies the situation quickly. It may be that they need to be sent to the office to obtain a belt or other needed item. Please review the guidelines as listed below so that you may adequately enforce this code. First period teachers should carefully review the students' dress so any discrepancies can be modified quickly in the day. It is the desire of Alpha Omega to exemplify truth, beauty and goodness. All students' appearances should be neat, clean and not distracting. This includes wearing garments which are properly sized for the wearer.

### **Approved Uniform Items:**

*PE Uniforms* are required for students 6th - 12th grade and may be purchased from only [Lands' End School Uniforms](#) or [Flynn O'Hara](#).

*Navy shorts/pants, khaki shorts/pants* may be purchased from only [Lands' End School Uniforms](#) or [Flynn O'Hara](#). All shorts must be no more than 2 inches above the knee.

Navy, khaki, and plaid *skirts* may be purchased through [Flynn O'Hara](#) ONLY. The Flynn O'Hara plaid skirts will match the Parker plaid skirts we have used in the past. Parker is no longer in business but students may wear their old Parker skirts as long as they meet the fit and length guidelines. All skirts must be no more than 2 inches above the knee.

\*\* Navy items are for 6<sup>th</sup>-12<sup>th</sup> grades only.

Approved uniform *shirts* are navy, white or hunter green polo shirts (short or long-sleeved); uniform color turtleneck or mock turtleneck shirts; chambray button down shirts (short or long-sleeved); and white dress shirts (short or long-sleeved). If purchasing without the logo, plain polo shirts may be purchased from any store (Target, Academy, etc...). The AOA logo is available through [Lands' End School Uniform](#) or [Flynn O'Hara](#) only. Having the logo is optional, NOT required.

Navy *hoodies* and/or navy long-sleeved or vest *sweaters* may be worn with a tucked in uniform shirt underneath.

*Coats*: Coats are defined as outerwear with long sleeves and a full zip-up or button-up front. Coats may be of any color or style. Inappropriate slogans or logos will not be allowed (e.g., alcohol, tobacco, violent graphics, profanity, skull and crossbones, etc.). Half zips and sweatshirts (other than AOA approved items) are not defined as coats and are not permitted. Outerwear may be worn into the building but must remain in lockers during school hours.

*Belts* must be worn with pants and shorts. Belts may be any solid uniform color (navy, white or hunter green), black, or brown.

*Socks* must be worn with all shoes. Socks must be navy, white, hunter green, or black.

*Shoes*: Closed-toed shoes or boots must be worn. Mud boots, rain boots, and Crocs are not permitted.

### **Other Dress Code Items:**

Appropriate *undergarments* must be worn at all times. Undergarments may not be visible at any time, except for undershirts which must be either a uniform color (navy, white or hunter green) or grey and must not show at the sleeve. When ladies wear white uniform shirts, undergarments must be of neutral color. It is recommended that girls wear shorts or spandex under skirts.

Solid, ankle length *leggings and knee-high socks* in either a uniform color (navy, white, or hunter green), black or neutral may be worn with skirts. Socks must be the same color.

*Ties* may be worn with dress shirts.

*Hats* may be worn outside the school buildings, before and after school.

*Hair* must be kept clean and neat, must not hang in the eyes and must not be a distraction. Hair must be a natural color. Boys must be clean shaven. Sideburns must not extend below the ear lobe.

*Piercings and Tattoos* – No body piercing (except for girls' ears) or visible tattoos are permissible.

## **Special Dress Days**

*AOA Spirit Jean Days:*

Seniors: Every Friday, Seniors may wear jeans and an AOA uniform shirt, other AOA shirt, or school colors to school. Students are not allowed to wear shorts, capris or cargo pants on this day unless they choose to wear their approved uniform shorts or skirts.

School-wide Spirit Jean Day: Every 1<sup>st</sup> Friday of the month, jeans and an AOA uniform shirt, other AOA shirt, or school colors may be worn to show school spirit. Students are not allowed to wear shorts, capris or cargo pants on this day unless they choose to wear their approved uniform bottoms. **No skinny jeans** or tight-fitting jeans are allowed. Jeans may not have holes or faux holes. Jeans may not sag. No tight fitting shirts or t-shirts are allowed. Violation of this will result in the loss of the privilege for Spirit Jean Day. For Seniors, the first offense will result in one warning. Any additional violations will result in the loss of the privilege for the remainder of the *entire* school year.

*Sports Game Day* – On game days, team members may wear the approved game day shirt with uniform pants or skirt.

*Presentation Day* – For presentation days, high school students may dress in Professional Attire, including footwear. The length of skirts (including slits in skirts) may be no shorter than 2 inches above the knee of the wearer, and no tight or low cut tops may be worn. In the event a student wears inappropriate clothing on a Presentation Day, that student must wear a regular school uniform for the next Presentation Day. In the event that the student wears inappropriate attire a second time, the privilege of wearing Presentation Day clothes will be forfeited by that student for the remainder of the school year.

The following guidelines apply for Free Dress Days:

- All clothing, including pants, jeans, capris and shorts shall not have holes of any kind;
- Closed-toed shoes must be worn;
- Ladies will not wear tops that have spaghetti straps, are low cut, show a bare midriff, or are tight;
- Gentlemen will not wear pants that sag or shirts that are tight. A belt will be required if pants cannot be kept up properly;
- Students will not wear "Skinny jeans" or other tight fitting pants;
- No tank tops or camisoles, without an over-shirt, shall be worn;
- Neither running shorts nor short shorts shall be worn. Shorts must no more than 2 inches above the knee of the wearer;
- T-shirts with inappropriate logos or slogans will not be allowed (e.g., alcohol, tobacco, violent graphics, profanity, skull and crossbones, etc.).

*Formal Events:* All students are to dress appropriately and modestly for formal events such as Protocol. Appropriately means **dressy dresses for the ladies and dress shirts, ties and dress**

**pants, suit or tux for the gentlemen.** Also, appropriate clothing properly fits your body type. **“Modesty isn’t about covering our bodies because they are bad, modesty isn’t hiding ourselves...it’s about revealing your dignity.” – Jessica Ray**

**Indecent dressing and exposure of your body reduces your value and respect.**

These standards apply to guests of Alpha Omega students as well.

- No dresses with cuts below the bust line.
- The bust continues around your sides directly under your armpit. With arms down at your side, if flesh touches flesh below the bust line, the dress is inappropriate.
- No excessive cleavage.
- Dresses may be backless as long as they are NOT cut below the navel.
- Midriffs will not be exposed. This includes both front and side. With arms down at your side, if flesh touches flesh below the bust line, the dress is inappropriate. No see-through material.
- Dresses may not have a slit that exceeds mid-thigh.
- No short dresses with overlays and bi levels must hit knees.
- **No cover-ups** (coats, shawls, sweaters) will be allowed over dresses that do not meet dress code.
- **Fabric inserts must be sewn**, not pinned on the dress, if without the inserts the dress does not meet dress code.
- **We will be reasonable in our interpretation of these guidelines; please be reasonable in the dresses you choose. What may work for one may not work for others.**
- **This dress code does not limit your ability to show your style and uniqueness.**

**Modesty includes avoiding clothing that is sexually enticing, as well as clothing that draws undue attention to oneself.** If a student is not sure if their attire meets the criteria, and to avoid embarrassment later, students are welcome to have their attire privately reviewed and approved in advance by a committee of school personnel of their gender.

### **Uniform Demerits:**

For secondary students, uniform demerits will be given for infractions of the uniform code. Five (5) uniform demerits will be an office referral.

Grammar students will not receive uniform demerits, but parents will be contacted for infractions. This will allow the parents to assist the child in the understanding of the uniform policy. It is expected that the parents will assist in rectifying the dress code violations, This may include purchasing appropriate uniform items for their student. If parents have questions, please consult the headmaster or classroom teacher.